

# 4 STEPS TO REDUCING THE MENTAL LOAD OF LAB MANAGERS

**The process-approach** is a strategy to ensure all processes are linked, purpose-driven and reviewed.

Embrace it and continual improvement will become the default mode of your laboratory.

Here's **4 steps to reducing your mental load and automating excellence in your quality system.**

1



## Start at the top

Rallying your team to embrace the process-approach starts with YOU. Your enthusiasm will trickle down and set the tone of your organisation.

2



## Get clear on your purpose

The ISO standards are meant to help businesses succeed in a competitive landscape. Make sure you are setting your own goals when addressing the requirements.

3



## Tailor how you meet requirements

Develop your own approach to the new standard's focus on risk-based thinking for the purpose of strategic goals (not just compliance).

4



## Get out of the way

Instead of holding all the pieces of the puzzle, ensure the processes that make up your lab slot together without constant oversight. Share your knowledge with others!



Now you can take a deep breath and leave your quality system in somebody else's hands for a day, a week, a month, or even an early retirement if that appeals! The process-approach = more time and freedom